These are some of the lovely flowers that help us to greet the spring in early May. You can think of them as Nature's Mother's Day bouquet, as this is their time of year. You will find them in the woods and along the streams, peeking up in the under growth before the leaves start to come out on the bushes and trees. You may not notice them right away, but if you look for them carefully, you will find them all around. Enjoy your walks!

1. **Blood Root:** the flowers come out before the leaves, so if you see the carpet of leaves the flowers are mostly gone





2. Trout Lily: also known as Adders Tongue or Dogtooth Violets, these also form a carpet of mottled leaves, but the flowers come after, so you will see them together.



3. Hepatica: these inconspicuous delicate flowers are found with pale colours, ranging from pink to blue to white



4. Violets: familiar flowers that come in bolder colours, from the deep purple and blue to yellow and white



5. Jack in the Pulpit: this solitary distinctive flower is usually under a canopy of two large leaves.



6. May Apple: note the single small white flower under a pair of large leaves, which will turn into a large plum shape fruit, or "apple".



6. Bellwort: This Perfoliate Bellwort (*Uvularia perfoliata* - the stem perforates the leaf) was identified by our friends and members last spring, 2019, from our walk to the Stoney Steps).



7. Trillium: the classic Ontario flower can be solitary or in large swaths. It is usually white, but may be a rich red, as well as many shades of pink in between.



Look for these in marshy areas and alongside creeks and streams

8. Marsh Marigolds these harbingers of spring provided the first leafy vegetables of the year to early settlers





9. Ostrich Ferns (fiddleheads!) they like the sandy soil above the banks of the streams



10. Your flower(s): if you find another flower or flowers, take pictures and send to us (<u>tim.allen@arul.ulaval,ca</u>) so we can include them in next year's guide.

Great visual reference: https://www.ontariowildflowers.com/